

## Local Committee Meeting Mins – Tuesday 5<sup>th</sup> December 2023 - 3pm - 4pm

**Present:** Margaret Brand, Patience Wilson, Saaid Ali, Tim Hellings, Mark Tickner, Maria Aciyar, Saleem Haider

**Staff:** Michelle (Chair), Stefanie, Farheen

### Agenda

1. Welcome and introductions
2. Speaker – Mark Tickner Public Health Enfield Health and Wellbeing Board Partnership Manager - Mental Health, Learning Disabilities and Infection Control Lead
3. Healthy Hearts project update – Stefanie Schidlowski
4. Speaker: Maria from Sister's in Mind – introduction to the organisation
5. Enfield Council- ICES and integrated Hospital discharge Feedback- Michelle Malwah
6. Healthwatch Enfield Priority Areas 2024
7. Community Updates - Local Committee volunteers
8. AOB

**2.** Mark updated us on the latest on infection control. He highlighted the importance of measles vaccinations, and shared his passion to ensure that vaccination uptake will increase. He highlighted that no link has been found between the measles vaccination and rates of autism. The current takes up for vaccinations are not high enough for herd immunity, with Enfield being the 4<sup>th</sup> worst local area. People in the age group between 18-24 age will be most affected, but no one is safe without the vaccination. His recommendation: Check with your GP if you are vaccinated.

Mark also announced that the new 6-year Joint Health and Wellbeing Strategy draft will be ready by next year.

**3.** The Healthy Heats project has been highly successful in the past months. Last quarter, we engaged 110 people in 11 events. We trained 5 community connector and will train an additional connector tomorrow.

**4.** Maria has outlined the work they do for the female community in Ponders End. Once a week they get together and provide a safe space for women to connect and engage. They recently have successfully secured funding for to train mentors for women.

**5.** Integrated community services and discharge team: The GDPR issue has been resolved and we are able to start making calls to those service users interested in giving feedback/

**6.** With insights of the community we've put together 5 priority areas which we are hoping to take on next year. Those are: GP access, NHS Dental care, Cancer screening, young people and mental health and Housing and health & wellbeing. We are currently asking the community what they believe is most important at the moment.

7. Tim: Carers rights day: Carers trust has a universal care cover presentation which shows support from general practise. The Health and wellbeing board has secured extra funding for a discharge project from north Mid

8. Michelle: We are in the process of recruiting for a new information and signposting officer; interviews will take place on the 20<sup>th</sup> December 2023.

Date of upcoming meetings: **Tuesday 30<sup>th</sup> January 2024**

Tuesday 26<sup>th</sup> March 24

Tuesday 21<sup>st</sup> May 24

Tuesday 16<sup>th</sup> July 24

Tuesday 10<sup>th</sup> September

Tuesday 5<sup>th</sup> November 24