



HEYA Volunteer Role

We welcome volunteers from all backgrounds, faiths and communities, as well as with any disabilities, regardless of sexual orientation or gender identity.

Why we need you?

The HEYA (Healthwatch Enfield Young Adults) team was created in 2019 to help Healthwatch Enfield hear more from young people about their experiences of health and social care and find out what challenges they face. We plan to work with the people who are in charge of running different health and social care services in Enfield so that young people can be more involved in helping to design new services or plan improvements. The HEYA volunteers help us to connect with children and other young adults in the borough.

What will you be doing?

At HEYA we are really flexible about how you can work with us. We want to support you as much as you support us. If there is something you are particularly interested in gaining experience in or an area that compliments your skills or studies, then we can talk about how we can incorporate this into your role.

We would really like you to:

- Join our informal team catch up, online every week (30-60 minutes)
- Contribute to our discussions by giving your ideas and opinions
- Spread the word about our work and share our surveys with other young adults you know
- Join our team café catch ups once a month (Coronavirus restrictions permitting)

If you have more time, you can also get involved in any of the following:

- Creating social media posts
- Designing graphics for posters, flyers and digital media
- Giving presentations to health professionals and/or members of the public
- Desk research and analysis
- Helping to write and review our policies
- Creating or editing videos or taking good photographs
- Organising meetings and/or events
- Advising the team about a specific health or social care issue that you have experience of
- Helping to interpret or develop our written communications materials to ensure they are inclusive and accessible to all, including minority groups

What skills do you need?

Enthusiasm is essential and interest in health and social care would be desirable!



What support will we give you?

- Free training opportunities
- An induction that includes health and safety, complying with Data Protection (GDPR) and safeguarding
- Regular support and supervision from the HEYA volunteer co-ordinator

What benefits do you get?

- Meeting other young adults from a diverse group of individuals
- Free refreshments at our monthly café catch ups.
- Travel expenses (in line with our Healthwatch Enfield Volunteers Policy).
- Real work experience for your CV and university applications.
- Opportunity to test your skills and learn new ones.

Where will you be based?

All our volunteers are currently working from home.

Equal opportunities

It is the aim of Healthwatch Enfield to ensure that no applicant or volunteer receives less favourable treatment on the grounds of sex, sexual orientation, gender identity, marital/partnership status, race, religion, age, creed, colour, ethnic origin, disability, part time working status and real or suspected HIV/AIDS status and is not placed at a disadvantage by conditions or requirements which cannot be shown to be justifiable. To this end Healthwatch Enfield has an Equal Opportunities Policy and it is for each volunteer to contribute to its success.

Please note: the relationship between Healthwatch Enfield and its volunteers is entirely voluntary and does not imply a contract of employment.